EQUALITY WHEEL

NONVIOLENCE

NONVIOLENCE

NON-THREATENING BEHAVIOR

Talking and acting so that everyone feels safe and comfortable expressing themselves and doing things.

NEGOTIATION & FAIRNESS Seeking mutually satisfying

resolutions to conflict. Accepting changes. Being willing to compromise.

RESPECT

Listening to one another non-judgmentally. Being emotionally affirming and understanding. Valuing one another's perspective and opinions.

NONVIOLENCE

EQUALITY WHEEL

SHARED RESPONSIBILITY

Mutually agreeing on a fair distribution of work. Making decisions together. Being supportive partners to one another.

TRUST & SUPPORT

Supporting each other's goals in life. Respecting each other's right to one's own feelings, friends, activities, and opinions.

HONESTY & ACCOUNTABILITY

Accepting responsibility for self. Acknowledging poor choices in the past. Admitting being wrong. Communicating openly and truthfully.

NONVIOLENCE

Developed from: Domestic Abuse Intervention Project 202 East Superior Street Duluth, MN 55802 218.722.4134 Adapted from: National Center on Domestic & Sexual Violence 4612 Shoal Creek Blvd. Austin, TX 78758 512.407.9020 www.ncdsv.org