

LIVING IN A SOLUTION

EDUCATION AND TRAINING PROJECT

INTRODUCTION

Thank you for your interest in A Woman's Place (AWP) and the Education & Training Project!

As the only domestic violence agency in Bucks County, Pa., AWP provides comprehensive **free**, **private**, and **confidential** services to victims of domestic abuse and violence, their children, families, and the community. Services provided include a free 24-hour confidential hotline, a full-service residential shelter, individual and group counseling, legal and medical advocacy, and a children's program. As domestic violence is a community issue, AWP also provides comprehensive community-based domestic violence education, training, outreach, and advocacy.

The mission of the Education & Training Project is to build the community's capacity to prevent violence by replacing attitudes, beliefs, and behaviors that perpetuate violence with attitudes, beliefs, and behaviors that promote safety, justice, and equality for all by strengthening knowledge and skills, educating providers, fostering coalitions and networks, and changing practices and policies. The cornerstone of AWP's Education & Training Project is the articulation, exploration, and examination of the dynamics of domestic abuse and violence and its impact on individuals, families, and the community. Program development, assessment, and implementation are ongoing processes to determine and meet the needs of systems serving victims of domestic abuse and violence, and members of the community living with and supporting them.

AWP's Education & Training Project offers age- and audience - appropriate content, language, and material, and any presentation can be tailored to meet specific needs and requests. For more information or to schedule a presentation, please contact AWP's Education & Training Director at (215) 343-9241.

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A LITTLE PEACE

- AUDIENCE 1ST AND 2ND GRADE STUDENTS
- **OBJECTIVE** TO INTRODUCE CONCEPTS THAT WILL LEAD TO HEALTHY, NON-VIOLENT, AND PRO-SOCIAL INTERPERSONAL RELATIONSHIPS
- SKILL DEVELOPMENT IMPULSE-CONTROL, ANGER MANAGEMENT, EMPATHY, AND STRESS MANAGEMENT
 - TIME 20 MINUTE SESSION BLOCKS, 1 SESSION A WEEK FOR 2-4 WEEKS
 - **PROGRAM** Integrates play and practice and gives students the opportunity to ask questions and discuss their feelings openly. Through skill-building and movement-based activities, students are introduced to concepts such as empathy, relaxation techniques, and healthy relationships.

PEACE WORKS I

AUDIENCE 4TH GRADE STUDENTS

- **OBJECTIVE** TO ENCOURAGE STUDENTS TO ACTIVELY IDENTIFY HEALTHY CONCEPTS OF PERSONAL POWER AND WORTH
- **SKILL DEVELOPMENT** DECISION MAKING, PROBLEM SOLVING, BEHAVIOR CHOICES, PERSONAL BOUNDARIES, CONFLICT RESOLUTION
 - TIME 45 MINUTE SESSION BLOCKS; 1 SESSION A WEEK FOR 5 WEEKS
 - **PROGRAM** Helps students identify and form healthy, violence-free relationships by focusing on how and when to seek assistance with problem solving; how to recognize, understand, and enforce personal boundaries; practice peaceful conflict resolution; and understanding behavior as a choice. Discussion of issues related to respect, emotional support systems, feelings and appropriate reactions, friendships, and bullying.

PEACE WORKS II

AUDIENCE 5TH GRADE STUDENTS

OBJECTIVE TO ADVANCE AWARENESS AND UNDERSTANDING OF DATING ABUSE AND VIOLENCE TO HAVE STUDENTS RECOGNIZE ABUSIVE OR UNHEALTHY ASPECTS OF A FRIENDSHIP

- **SKILL DEVELOPMENT** IDENTIFYING ABUSIVE FRIENDSHIPS, CONFLICT MANAGEMENT/PEER MEDIATION, HEALTHY FRIENDSHIP SKILLS, BOUNDARY ENFORCEMENT
 - TIME 45 MINUTE SESSION BLOCKS; 1 SESSION A WEEK FOR 2-3 WEEKS
 - **PROGRAM** Peace Works II addresses the social issues impacting 5th Grade Students: friendships and creating a social identity. The program concentrates on interpersonal communication and relationships. Through role plays and candid discussion, students are provided with the tools necessary to confidently identify healthy relationships and manage conflict.

DATING WORKS I

- AUDIENCE 6TH-8TH GRADE STUDENTS
- **OBJECTIVE** TO BUILD THE CAPACITY TO RECOGNIZE AND RESPOND TO UNHEALTHY RELATIONSHIPS
- **SKILL DEVELOPMENT** RELATIONSHIP BOUNDARIES, WARNING SIGNS OF ABUSIVE RELATIONSHIPS, WHEN AND HOW TO ACCESS HELP FOR DATING ABUSE, HOW TO SUPPORT A FRIEND BEING ABUSED OR ABUSING SOMEONE ELSE
 - TIME 45 MINUTE SESSION BLOCK; 1-2 SESSIONS
 - **PROGRAM** Program helps student recognize and apply healthy relationship boundaries to increasingly complex situations. Through group work, multimedia viewing, discussions, and role play scenarios, students identify and implement healthy relationship boundaries, recognize warning signs and traits of unhealthy and abusive relationships, and learn how and when to access help.

DATING WORKS II

- AUDIENCE 9TH GRADE THROUGH COLLEGE UNDERGRADUATE STUDENTS
- **OBJECTIVE** TO INCREASE AWARENESS AND UNDERSTANDING OF DATING ABUSE AND VIOLENCE
- **SKILL DEVELOPMENT** RELATIONSHIP BOUNDARIES, WARNING SIGNS OF ABUSIVE RELATIONSHIPS, WHEN AND HOW TO ACCESS HELP FOR DATING ABUSE; HOW TO SUPPORT A FRIEND BEING ABUSED OR ABUSING SOMEONE ELSE
 - TIME 45 MINUTE SESSION BLOCKS; 1-2 SESSIONS
 - **PROGRAM** Program expands examination of increasingly complex situations in dating relationships. Includes further skill building through group work, multimedia viewing, discussions, and role play scenarios. Students identify and implement healthy relationship boundaries, recognize warning signs and traits of unhealthy and abusive relationships, learn how and when to access help if they are in an abusive relationship, and learn how and when to support a friend who is being abused or who is abusing someone else.

DATING WORKS III-A

AUDIENCE FEMALE STUDENTS, 9TH GRADE THROUGH COLLEGE UNDERGRADUATE

OBJECTIVE TO ADVANCE AWARENESS AND UNDERSTANDING OF DATING ABUSE AND VIOLENCE

SKILL DEVELOPMENT RELATIONSHIP BOUNDARIES, WARNING SIGNS OF ABUSIVE RELATIONSHIPS, WHEN AND HOW TO ACCESS HELP FOR DATING ABUSE; HOW TO SUPPORT A FRIEND BEING ABUSED OR ABUSING SOMEONE ELSE; GENDER-SPECIFIC ISSUES

TIME 45 MINUTE SESSION BLOCKS; 1 SESSION A WEEK FOR 6 WEEKS

PROGRAM Program provides opportunity for more extensive understanding and skill development in a female environment. Includes in-depth discussion of Dating Works 1&2 topics, as well as additional topics, including self-respect, self-esteem, relationship rights and responsibilities, sexual harassment and violence, gender roles, and media and popular culture influences. Facilitated through individual and group in-session and take-home work, multimedia presentations, discussion, role play scenarios, and peer-to-peer presentations and learning.

DATING WORKS III-B

AUDIENCE	MALE STUDENTS, 9TH GRADE THROUGH COLLEGE UNDERGRADUATE
OBJECTIVE	TO ADVANCE AWARENESS AND UNDERSTANDING OF DATING ABUSE AND VIOLENCE
SKILL DEVELOPMENT	RELATIONSHIP BOUNDARIES, WARNING SIGNS OF ABUSIVE RELATIONSHIPS, WHEN AND HOW TO ACCESS HELP FOR DATING ABUSE; HOW TO SUPPORT A FRIEND BEING ABUSED OR ABUSING SOMEONE ELSE; GENDER-SPECIFIC ISSUES
TIME	45 MINUTE SESSION BLOCKS;1 SESSION A WEEK FOR 6 WEEKS
PROGRAM	Program provides opportunity for more extensive understanding and skill development

UGKAM Program provides opportunity for more extensive understanding and skill development in a male environment. Includes in-depth discussion of Dating Works I&2 topics, as well as additional topics, including self-respect, self-esteem, relationship rights and responsibilities, sexual harassment and violence, gender roles, and media and popular culture influences. Facilitated through individual and group in-session and take-home work, multimedia presentations, discussions, role play scenarios, and peer-to-peer presentations and learning.

DATER'S CHOICE

- AUDIENCE 6TH THROUGH 12TH GRADE STUDENTS
- **OBJECTIVE** TO EXAMINE AND EXPLORE TEEN DATING RELATIONSHIPS TO HELP INDIVIDUALS MAKE POSITIVE, NON-VIOLENT CHOICES
- **SKILL DEVELOPMENT** HEALTHY RELATIONSHIPS AND BOUNDARIES; DATING ISSUES AND APPROPRIATE REACTIONS; PROACTIVE PEER SUPPORT
 - TIME 1 HOUR
 - **PROGRAM** Program encourages students to discuss and debate dating relationship behaviors, issues, and situations in realistic contexts of peer pressure, individual beliefs, and role expectations. Includes peer-to-peer support skills development. Interactive session includes discussion and role play.

LAW AND ORDER

- AUDIENCE 9TH GRADE THROUGH COLLEGE UNDERGRADUATE STUDENTS
- **OBJECTIVE** TO PROVIDE BASIC INFORMATION AND UNDERSTANDING OF DOMESTIC ABUSE AND VIOLENCE AND THE LEGAL SYSTEM
- **SKILL DEVELOPMENT** DOMESTIC AND DATING ABUSE AND VIOLENCE ISSUES AND LAW, SEEKING RELIEF THROUGH THE LEGAL SYSTEMS, PROTECTION FROM ABUSE ORDERS, LEGAL REALITIES FOR MINORS

TIME 1.5 HOURS

PROGRAM Program provides a thorough overview of dating and domestic abuse and violence issues, including warning signs, power and control dynamics, and victim safety planning and options. Discussion and materials presentation also provides information on laws pertaining to domestic abuse and violence as well as Protection from Abuse Orders, with special emphasis on rights and realities of minor or student victims.

HEAR ME NOW?

- AUDIENCE 8TH TO 12TH GRADE STUDENTS
- **OBJECTIVE** TO EXPLORE COMMUNICATION STYLES, OUTCOMES, AND REACTIONS TO HELP CREATE NONVIOLENT TEEN RELATIONSHIPS
- **SKILL DEVELOPMENT** ACTIVE LISTENING, INTERPERSONAL COMMUNICATION, BUILDING NONVIOLENT RELATIONSHIPS, BOUNDARY ENFORCEMENT
 - TIME 1.5 HOURS
 - **PROGRAM** Program encourages students to critically examine interpersonal communication and explore communication styles, understanding, and results. Group work and role play activities focus on students building skills to build and strengthen nonviolent relationships through effective communication.

YOUR NEW ROLE

- AUDIENCE PREGNANT AND PARENTING TEENAGERS
- **OBJECTIVE** TO ENCOURAGE PREGNANT AND PARENTING TEENS TO DEVELOP EFFECTIVE, NONVIOLENT PARENTING SKILLS
- SKILL DEVELOPMENT EFFECTIVE ROLE AND BEHAVIOR MODELING, BOUNDARY SETTING, NONVIOLENT PARENTING
 - TIME 1 HOUR
 - **PROGRAM** Through group and individual discussions and work, program helps pregnant and parenting teens examine their relationship role models as well as identify and develop behaviors they want to model for their children. Includes skill building on identifying, forming, and teaching their children healthy relationship boundaries.

CHILDREN AND DOMESTIC VIOLENCE

AUDIENCE CHILD DEVELOPMENT CLASSES

OBJECTIVE	TO RAISE AWARENESS OF THE EFFECTS OF DOMESTIC VIOLENCE ON CHILDREN
SKILL DEVELOPMENT	EFFECTS OF DOMESTIC VIOLENCE ON CHILDREN, WARNING SIGNS, HOW TO HELP
TIME	1 HOUR
PROGRAM	Program introduces the prevalence and effects of domestic violence on children. Includes discussion of the dynamics of domestic abuse and violence; warning signs and behaviors exhibited; and effective strategies to support children and promote safety at home and school.

OUT OF THE BOX: GENDER ROLES

AUDIENCE 8TH GRADE THROUGH UNDERGRADUATE COLLEGE STUDENTS

OBJECTIVE TO EXAMINE GENDER STEREOTYPES AND THE IMPACT ON STUDENTS' CHOICES, RELATIONSHIPS, AND DOMESTIC AND DATING ABUSE AND VIOLENCE

- SKILL DEVELOPMENT GENDER STEREOTYPES, GENDER ROLES IN ABUSE, CHOICES IN RELATIONSHIPS, MEDIA AND POPULAR CULTURE AWARENESS
 - TIME 1.5 HOURS
 - **PROGRAM** Program encourages students to critically examine gender stereotypes, expectations, pressure, and outcomes as well as the role gender plays in domestic and dating abuse and violence. Includes discussion of maintaining and challenging gender stereotypes, and understanding the role gender stereotypes play in their lives. Reinforces personal choice as a skill in building healthy relationships.

NEWS YOU CAN USE

AUDIENCE JOURNALISM AND MEDIA STUDENTS

OBJECTIVE TO DISPEL DOMESTIC VIOLENCE MYTHS AND INCREASE AWARENESS OF DOMESTIC VIOLENCE AND ITS IMPACT ON VICTIMS, THEIR FAMILIES, AND THE COMMUNITY

- SKILL DEVELOPMENT THE WHO, WHAT, WHERE, WHEN, WHY AND HOW OF DOMESTIC ABUSE AND MYTHS, AND RESOURCES
 - TIME 3 HOURS
 - **PROGRAM** Through lecture, video presentations, and group work, this program presents common domestic abuse and violence abuse myths and the realities that dispel them; why domestic violence is an important community issue; answers to the age-old question: "Why don't they leave?"; and more about resources available in the community.

CARING OR CONTROLLING: WHO IS YOUR STUDENT DATING?

AUDIENCE SCHOOL AND TEACHING STAFFS, PARENTS, CAREGIVERS

OBJECTIVE TO RAISE AWARENESS OF THE WARNING SIGNS, DYNAMICS, AND PREVALENCE OF ABUSIVE TEEN DATING RELATIONSHIPS

SKILL DEVELOPMENT TEEN DATING ABUSE AND VIOLENCE, HOW TO HELP AND INTERVENE, WHAT SCHOOLS, PARENTS, AND CAREGIVERS CAN DO

TIME 3 HOURS

PROGRAM Through lecture, video presentations, and group work, this program presents issues related to teen dating abuse and violence. Includes warning signs, effective ways for schools to help and intervene, and how school officials can develop creative ways to create "Safe Schools" and involve teens in dating abuse and violence prevention.

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DOMESTIC VIOLENCE 101 FOR NEW HOSPITAL EMPLOYEES (ORIENTATION SESSION)

AUDIENCE NEW HOSPITAL EMPLOYEES

OBJECTIVE TO PROVIDE A BRIEF OVERVIEW OF DOMESTIC ABUSE AND VIOLENCE, THE PROGRAMS AND SERVICES OF A WOMAN'S PLACE, SCREENING PATIENTS, AND THE RESPONSIBILITIES OF HOSPITAL EMPLOYEES

SKILL DEVELOPMENT SCREENING AND RESPONDING TO DISCLOSURE OF ABUSE & VIOLENCE

TIME 15 MINUTES

PROGRAM Program introduces A Woman's Place, its programs and services, and how to access them. Emphasis on how to contact a Medical Advocate. Discusses domestic violence as a community issue. Emphasizes the importance of healthcare's response to domestic violence, including training on screening patients.

DOMESTIC VIOLENCE 101 FOR NEW NURSING STAFF (ORIENTATION SESSION)

AUDIENCE NEW NURSING STAFF

OBJECTIVE TO PROVIDE A BRIEF OVERVIEW OF DOMESTIC ABUSE AND VIOLENCE AND THE PROGRAMS AND SERVICES OF A WOMAN'S PLACE, SCREENING PATIENTS, RESPONDING AND MAKING REFERRALS

- **SKILL DEVELOPMENT** SCREENING, RESPONDING, AND REFERRAL PROCEDURES
 - TIME 30 MINUTES TO 1 HOUR
 - **PROGRAM** Program introduces A Woman's Place, its programs and services, and how to access them. Focus on screening patients for domestic abuse and violence. Procedure for contacting a Medical Advocate as a response to a positive screening. Discusses identification of domestic abuse and violence, the impact on health, and the importance of the healthcare system's response.

DOMESTIC VIOLENCE 101 FOR MENTAL HEALTH PROFESSIONALS

AUDIENCE MENTAL HEALTH PROFESSIONALS

OBJECTIVE TO PROVIDE A BRIEF OVERVIEW OF DOMESTIC ABUSE AND VIOLENCE, THE DYNAMICS OF ABUSE, AND THE IMPACT ON PATIENTS' HEALTH

SKILL DEVELOPMENT SCREENING FOR DOMESTIC ABUSE AND VIOLENCE, RESPONDING TO DISCLOSURE

- TIME 30 MINUTES TO 1 HOUR
- **PROGRAM** Introduces the dynamics of domestic abuse and violence. Provides statistics and research concerning recent trends. Discusses issues relevent to mental health professionals, screening and response techniques, and strategies for collaboration with A Woman's Place. Discusses services and resources available from A Woman's Place.

DOMESTIC VIOLENCE 101 FOR PRIVATE HEALTHCARE PROFESSIONALS

AUDIENCE HEALTHCARE PROFESSIONALS AND STAFF

OBJECTIVE TO PROVIDE A BRIEF OVERVIEW OF DOMESTIC ABUSE AND VIOLENCE, THE DYNAMICS OF ABUSE, AND THE IMPACT ON PATIENTS' HEALTH

SKILL DEVELOPMENT SCREENING FOR DOMESTIC ABUSE AND VIOLENCE, RESPONDING TO DISCLOSURE

TIME 30 MINUTES TO 1 HOUR

PROGRAM Introduces the dynamics of domestic abuse and violence. Provides statistics and research concerning recent trends. Includes screening and response techniques relevent to the private practitioner setting. Services and resources provided by A Woman's Place.

DOMESTIC VIOLENCE 101 FOR HEALTHCARE PROVIDERS (CEU SESSION)

AUDIENCE HEALTHCARE PROVIDERS AND PROFESSIONALS

OBJECTIVE TO RAISE AWARENESS ABOUT DOMESTIC ABUSE AND VIOLENCE, THE PROGRAMS AND SERVICES OF A WOMAN'S PLACE, AND THE IMPORTANCE OF HEALTHCARE'S RESPONSE TO DOMESTIC ABUSE AND VIOLENCE

SKILL DEVELOPMENT DOMESTIC ABUSE AND VIOLENCE, MEDICAL PROJECT OF A WOMAN'S PLACE, IMPACT OF DOMESTIC VIOLENCE ON HEALTH AND HEALTHCARE, SCREENING AND REFERRAL PROCEDURES

TIME 1 HOUR

PROGRAM Program introduces healthcare providers to domestic abuse and violence issues, including the dynamics and indicators of abuse, power and control. Special emphasis on domestic violence as a healthcare issue and the impact of domestic violence on a patient's health. Includes information on how to support and refer a patient experiencing domestic violence and how to support a co-worker, friend, or family member experiencing domestic abuse and violence.

FIRST RESPONSE

FIRST RESPONSE

AUDIENCE LAW ENFORCEMENT AND JUSTICE SYSTEM PROFESSIONALS

OBJECTIVE RAISE AWARENESS OF LAW ENFORCEMENT AND JUSTICE SYSTEM RESPONSIBILITIES AND RESPONSE TO VICTIMS OF DOMESTIC ABUSE AND VIOLENCE

- **SKILL DEVELOPMENT** LAW ENFORCEMENT AND JUSTICE PROFESSIONAL RESPONSE AND REFERRAL PROCEDURES FOR VICTIMS OF DOMESTIC ABUSE AND VIOLENCE.
 - TIME VARIES (15 MINUTES AND UP)
 - **PROGRAM** Law Enforcement and Justice Professionals are provided with an understanding of the services First Response Advocates provide at the time of a domestic violence crisis call, how to access the First Response Advocates and the benefit to the victim, police and justice system. Current PFA information and updates are provided along with new information regarding domestic violence and lethality.

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CORE TRAINING

AUDIENCE ALL VOLUNTEERS (AGES 18+)

OBJECTIVE TO RAISE AWARENESS ABOUT DOMESTIC ABUSE AND VIOLENCE AND A WOMAN'S PLACE WHILE PREPARING VOLUNTEERS TO TAKE ACTIVE ROLES IN THE ORGANIZATION

- **SKILL DEVELOPMENT** DOMESTIC ABUSE AND VIOLENCE, A WOMAN'S PLACE, PUBLIC SPEAKING, DOMESTIC VIOLENCE MOVEMENT HISTORY
 - TIME 6 HOURS
 - **PROGRAM** This introductory training focuses on A Woman's Place projects and programs and domestic violence issues, with a special focus on Bucks County and preparing participants to successfully communicate about A Woman's Place and domestic violence in their lives and in the community.

DIRECT SERVICE TRAINING

- AUDIENCE VOLUNTEERS (AGES 18+)
- **OBJECTIVE** TO RAISE AWARENESS ABOUT DOMESTIC ABUSE VIOLENCE AND A WOMAN'S PLACE WHILE PREPARING VOLUNTEERS TO TAKE ACTIVE ROLES IN THE ORGANIZATION AND WORK DIRECTLY WITH VICTIMS OF DOMESTIC ABUSE AND VIOLENCE AND THEIR CHILDREN

SKILL DEVELOPMENT DOMESTIC ABUSE AND VIOLENCE, PROGRAMS AND SERVICES OF A WOMAN'S PLACE

TIME 45 HOURS

PROGRAM Training emphasizes in-depth discussion of domestic abuse and violence issues as well as skill building for volunteers.

BROWNIES: PEOPLE ARE TALKING BADGE

AUDIENCE BROWNIES

OBJECTIVE TO INCREASE AWARENESS AND DEVELOP SKILLS RELATED TO EFFECTIVE COMMUNICATION AS THE FOUNDATION FOR BUILDING HEALTHY RELATIONSHIPS WHILE SUCCESSFULLY COMPLETING PEOPLE ARE TALKING BADGE

SKILL DEVELOPMENT VERBAL AND NONVERBAL COMMUNICATION, RESPECT IN FRIENDSHIPS AND RELATIONSHIPS

TIME 1 HOUR

PROGRAM Building on definitions of respect provided by the group, this program helps Brownies discuss ways they show respect and ways they can respectfully let someone know how they are feeling. Provides introduction of nonverbal communication.

GIRL SCOUTS: HEALTHY RELATIONSHIPS BADGE

- AUDIENCE JUNIOR GIRL SCOUTS
- **OBJECTIVE** TO BUILD A FOUNDATION FOR GIRLS TO RECOGNIZE AND BUILD HEALTHY FRIENDSHIPS AND RELATIONSHIPS
- **SKILL DEVELOPMENT** FRIENDSHIP RIGHTS AND RESPONSIBILITIES, CONFLICT RESOLUTION, SETTING AND ENFORCING BOUNDARIES
 - TIME 2 HOURS
 - **PROGRAM** Program helps scouts develop skills and confidence to define for themselves what a good friend is. Includes skill building activities related to rights and responsibilities in friendship, methods and options for resolving conflict, and relationship boundaries.

GIRL SCOUTS: DOMESTIC VIOLENCE AWARENESS PATCH

AUDIENCE CADET OR SENIOR GIRL SCOUTS

OBJECTIVE TO INCREASE AWARENESS AND UNDERSTANDING OF DOMESTIC AND DATING ABUSE AND VIOLENCE WHILE SUCCESSFULLY COMPLETING DOMESTIC VIOLENCE AWARENESS PATCH AND SECTIONS OF YOUR BEST DEFENSE BADGE

SKILL DEVELOPMENT DOMESTIC AND DATING ABUSE AND VIOLENCE ISSUES AND MYTHS, RELATIONSHIP BOUNDARIES, WHEN AND HOW TO ACCESS HELP FOR DOMESTIC AND DATING ABUSE AND VIOLENCE; HOW TO SUPPORT A FRIEND BEING ABUSED OR ABUSING SOMEONE ELSE

TIME 3 HOURS

PROGRAM Program helps scouts recognize healthy relationship boundaries and warning signs and traits of unhealthy and abusive relationships. Learn how and when to support a friend who is being abused or who is abusing someone else. Includes a service project that successfully meets requirements for Domestic Violence Awareness Patch and portions of Your Best Defense Badge. Also covers Technology and Career Exploration requirements of Your Best Defense Badge.

DOMESTIC VIOLENCE 101

- AUDIENCE GENERAL AUDIENCE
- **OBJECTIVE** TO RAISE AWARENESS ABOUT DOMESTIC ABUSE AND VIOLENCE AND THE PROGRAMS AND SERVICES OF A WOMAN'S PLACE
- SKILL DEVELOPMENT DOMESTIC ABUSE AND VIOLENCE, A WOMAN'S PLACE, DOMESTIC VIOLENCE AS A COMMUNITY ISSUE, WHAT TO DO AND HOW TO HELP
 - TIME VARIES (15 MINUTES AND UP)
 - **PROGRAM** Program introduces domestic abuse and violence and discusses prevalence, impact, and characteristics of abusive and violent relationships. Introduces domestic violence as a community issue, offering ways members of the community can help end domestic violence. Also introduces programs and services of A Woman's Place. Presentations tailored to group's interest and time alloted.

HELP SOMEBODY

AUDIENCE GENERAL

OBJECTIVE TO RAISE AWARENESS ABOUT DOMESTIC ABUSE AND VIOLENCE AS A COMMUNITY ISSUE AND HELP BUILD SKILLS TO HELP INDIVIDUALS RESPOND

SKILL DEVELOPMENT DOMESTIC ABUSE AND VIOLENCE, HOW TO HELP SOMEONE EXPERIENCING ABUSE

TIME VARIES (30 MINUTES AND UP)

PROGRAM Program introduces domestic abuse and violence issues and discusses with participants what to do, where to go, and who to tell when they think a friend, family member, or co-worker is in an abusive, controlling, or violent relationship.

HEALTHY VS. UNHEALTHY: HOW TO CREATE HEALTHIER RELATIONSHIPS

AUDIENCE GENERAL

OBJECTIVE TO HELP ADULTS IDENTIFY AND BUILD HEALTHIER RELATIONSHIPS

SKILL DEVELOPMENT HEALTHY VS. UNHEALTHY RELATIONSHIPS, NEGOTIATION AND CONFLICT IN RELATIONSHIPS

TIME VARIES (30 MINUTES AND UP)

PROGRAM Interactive program helps adults identify characteristics of healthy vs. unhealthy relationships and build negotiation and conflict resolution skills in order to bring better outcomes in relationships.

A FEW GOOD MEN

- AUDIENCE MEN-YOUNG TEENAGE MALES
- **OBJECTIVE** TO RAISE AWARENESS AMONG AND ENGAGE MEN IN WORKING TO END DOMESTIC ABUSE AND VIOLENCE
- SKILL DEVELOPMENT DOMESTIC ABUSE AND VIOLENCE, PROGRAMS AND SERVICES OF A WOMAN'S PLACE, WHAT MEN CAN DO TO HELP
 - TIME VARIES (15 MINUTES AND UP)
 - **PROGRAM** Program dispels myth of domestic violence as a "women's issue" by engaging men from the community in the ongoing work to end domestic violence. Introduces dynamics of abuse and violence, power and control, and why someone would stay in a violent relationship. Includes information on what to do to help someone experiencing domestic abuse and violence, as well as information about how to access programs and services at A Woman's Place.

DOMESTIC VIOLENCE AND FAITH

- AUDIENCE FAITH COMMUNITIES AND CONGREGATIONS
- **OBJECTIVE** TO RAISE AWARENESS AMONG AND ENGAGE FAITH COMMUNITIES IN WORKING TO END DOMESTIC ABUSE AND VIOLENCE
- SKILL DEVELOPMENT DOMESTIC ABUSE AND VIOLENCE, PROGRAMS AND SERVICES OF A WOMAN'S PLACE, HOW FAITH COMMUNITIES CAN HELP
 - TIME VARIES (15 MINUTES AND UP)
 - **PROGRAM** Introduces dynamics of abuse and violence, power and control, and why someone would stay in a violent relationship. Includes information on what to do to help someone experiencing domestic abuse and violence, as well as information about how to access programs and services at A Woman's Place.

WHEN DOMESTIC VIOLENCE COMES TO WORK

- AUDIENCE WORKPLACE MANAGERS
- **OBJECTIVE** TO RAISE AWARENESS ABOUT THE PREVALENCE AND IMPACT OF, AND RESPONSE TO DOMESTIC ABUSE AND VIOLENCE IN THE WORKPLACE
- SKILL DEVELOPMENT WORKPLACE DOMESTIC ABUSE AND VIOLENCE ISSUES, PROGRAMS AND SERVICES OF A WOMAN'S PLACE, WHAT EMPLOYERS CAN DO, DOMESTIC VIOLENCE WORKPLACE POLICIES
 - TIME 1 HOUR
 - **PROGRAM** Presentation to help employers and supervisors address domestic abuse and violence in the workplace, help victims, and reduce the associated risks and costs. Includes introduction of domestic abuse and violence issues, dynamics of abuse, and power and control. Emphasis on indicators of abuse and warning signs that an employee is experiencing abuse. Introduces programs and services of A Woman's Place, as well as how to access them. Ideas and examples of how employers can proactively address domestic violence in the workplace.



PO Box 299 Doylestown, PA 18901

Produced with love by Friends and Family in Honor of Jim and Kathy Watson on the occasion of their fortieth wedding anniversary